

370

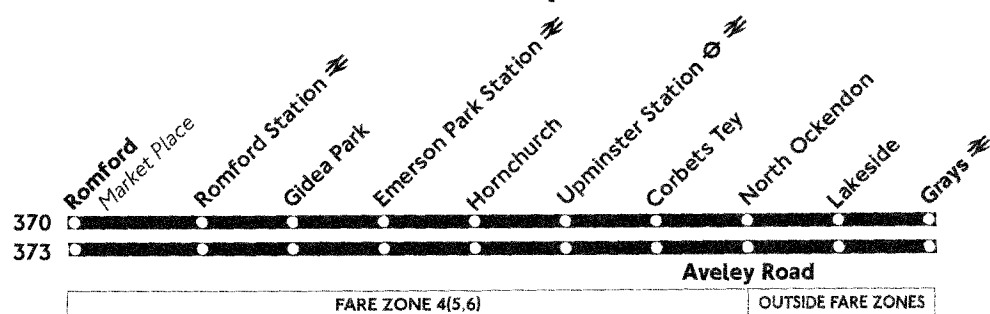
Daily

373

Mondays to

Saturdays

## Romford - Hornchurch - Upminster - Lakeside - Grays



## Mondays to Fridays

Route:	370	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373
Romford Mercury Gardens	---	0647	---	0717	---	0747	0802	0817	0832	0847	0902	0917	0930	0945	1000	1015	1030	1045			
Romford Station	---	0650	---	0720	---	0751	0807	0822	0837	0852	0907	0922	0933	0948	1003	1018	1033	1048			
Gidea Park Drill	---	0654	---	0724	---	0756	0812	0827	0842	0857	0912	0927	0937	0952	1007	1022	1037	1052			
Hornchurch Town Centre	---	0700	---	0730	---	0802	0818	0833	0848	0903	0918	0933	0943	0958	1013	1028	1043	1058			
Upminster Station	---	0706	0714	0736	---	0808	0824	0839	0854	0909	0924	0939	0949	1004	1019	1034	1049	1104			
Upminster St Laurences Church	---	0707	0715	0737	---	0809	0825	0840	0855	0910	0925	0940	0950	1005	1020	1035	1050	1105			
Corbets Tey Harwood Hall Lane	---	↓	0720	↓	---	↓	0830	↓	0900	↓	0930	↓	0955	↓	1025	↓	1055	↓			
Aveley Usk Road	---	↓	0728	↓	0808	↓	0838	↓	0908	↓	0938	↓	1003	↓	1033	↓	1103	↓			
Corbets Tey Huntsman & Hounds	---	0713	↓	0743	↓	0815	↓	0846	↓	0916	↓	0946	↓	1011	↓	1041	↓	1111			
North Ockendon Old White Horse	B	0720	↓	0750	↓	0822	↓	0853	↓	0923	↓	0953	↓	1018	↓	1048	↓	1118			
Lakeside Shopping Centre	0707	0734	0753	0804	↓	0836	0903	0907	0933	0937	1003	1007	1028	1032	1058	1102	1128	1132			
Grays Bus Station	0719	0746	0802	0816	0834c	0848	0912	0919	0942	0949	1012	1019	1037	1044	1107	1114	1137	1144			

Route:	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373
Romford Mercury Gardens	1100	1115			30	45	00	15		1430	1445	1500	1515	1530	1545	1600	1617	1632	1647	1702	
Romford Station	1103	1118			33	48	03	18		1433	1448	1503	1518	1533	1549	1605	1622	1637	1652	1707	
Gidea Park Drill	1107	1122	Then		37	52	07	22		1437	1452	1507	1522	1537	1554	1610	1627	1642	1657	1712	
Hornchurch Town Centre	1113	1128	every		43	58	13	28		1443	1458	1513	1528	1543	1600	1616	1633	1648	1703	1718	
Upminster Station	1119	1134	30 mins.		49	04	19	34		1449	1504	1519	1534	1549	1606	1622	1639	1654	1709	1724	
Upminster St Laurences Church	1120	1135	at these		50	05	20	35	until	1450	1505	1520	1535	1550	1607	1623	1640	1655	1710	1725	
Corbets Tey Harwood Hall Lane	1125	↓	minutes		55	↓	25	↓		1455	↓	1525	↓	1555	↓	1628	↓	1700	↓	1730	
Aveley Usk Road	1133	↓	past the		03	↓	33	↓		1503	↓	1533	↓	1603	↓	1636	↓	1708	↓	1738	
Corbets Tey Huntsman & Hounds	↓	1141	hour		↓	11	↓	41		↓	1511	↓	1541	↓	1613	↓	1646	↓	1716	↓	
North Ockendon Old White Horse	↓	1148			↓	18	↓	48		↓	1518	↓	1548	↓	1620	↓	1653	↓	1723	↓	
Lakeside Shopping Centre	1158	1202			28	32	58	02		1528	1532	1558	1602	1628	1634	1701	1707	1733	1737	1803	
Grays Bus Station	1207	1214			37	44	07	14		1537	1544	1607	1614	1637	1646	1710	1719	1742	1749	1812	

Route:	370	373	370	373	370	373	370	370	370	370	370	370	370
Romford Mercury Gardens	1717	1732	1747	1802	1817	1832	1905	1935	2005	2040	2140	2240	2340
Romford Station	1722	1737	1752	1807	1820	1835	1908	1938	2008	2043	2143	2243	2343
Gidea Park Drill	1727	1742	1757	1812	1824	1839	1912	1942	2012	2047	2147	2247	2347
Hornchurch Town Centre	1733	1748	1803	1818	1829	1844	1917	1947	2017	2052	2152	2252	2352
Upminster Station	1739	1754	1809	1824	1835	1849	1922	1952	2022	2057	2157	2257	2357
Upminster St Laurences Church	1740	1755	1810	1825	1836	1850	1923	1953	2023	2058	2158	2258	2358
Corbets Tey Harwood Hall Lane	↓	1800	↓	1830	↓	1855	↓	↓	↓	↓	↓	↓	↓
Aveley Usk Road	↓	1808	↓	1838	↓	1902	↓	↓	↓	↓	↓	↓	↓
Corbets Tey Huntsman & Hounds	1746	↓	1816	↓	1841	↓	1928	1958	2028	2103	2203	2303	0003
North Ockendon Old White Horse	1753	↓	1822	↓	1847	↓	1934	2004	2034	2109	2209	2309	0009
Lakeside Shopping Centre	1807	1833	1835	1902	1900	1924	1947	2017	2047	2122	2222	2322	0022
Grays Bus Station	1819	1842	1845	1910	1910	1932	1957	2033	2057	2132	2232	2332	0032

## Saturdays

Route:	370	373	370	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373
Romford Mercury Gardens	0647	---	0717	0747	---	0819	0830	0845		00	15	30	45		1600	1615	1630	1645	1700		
Romford Station	0650	---	0720	0750	---	0822	0833	0848		03	18	33	48		1603	1618	1633	1648	1703		
Gidea Park Drill	0654	---	0724	0754	---	0826	0837	0852	Then	07	22	37	52		1607	1622	1637	1652	1707		
Hornchurch Town Centre	0659	---	0729	0759	---	0831	0843	0858	every	13	28	43	58		1613	1628	1643	1658	1712		
Upminster Station	0704	---	0734	0804	---	0836	0849	0904	30 mins.	19	34	49	04		1619	1634	1649	1703	1717		
Upminster St Laurences Church	0705	---	0735	0805	---	0837	0850	0905	at these	20	35	50	05	until	1620	1635	1650	1704	1718		
Corbets Tey Harwood Hall Lane	↓	---	↓	↓	---	↓	0855	↓	minutes	25	↓	55	↓		1625	↓	1655	↓	1722		
Aveley Usk Road	↓	0735	↓	↓	0833	↓	0903	↓	past the	33	↓	03	↓		1633	↓	1703	↓	1728		
Corbets Tey Huntsman & Hounds	0710	↓	0740	0810	↓	0842	↓	0911	hour	↓	41	↓	11		↓	1641	↓	1709	↓		
North Ockendon Old White Horse	0716	↓	0746	0816	↓	0848	↓	0918		↓	48	↓	18		↓	1648	↓	1715	↓		
Lakeside Shopping Centre	0730	0757	0800	0830	0858	0902	0928	0932		58	02	28	32		1658	1702	1724	1723	1749		
Grays Bus Station	0742	0806	0812	0842	0907	0914	0937	0944		07	14	37	44		1707	1714	1732	1739	1757		

## Saturdays continued

Route:	370	373	370	373	370	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373
Romford Mercury Gardens	1715	1735	1750	1805	1835	1905	1935	2005	2040	2140	2240	2340				0835E	35E		2335E		
Romford Station	1718	1738	1753	1808	1838	1908	1938	2008	2043	2143	2243	2343				0839	39		2339		
Gidea Park Drill	1722	1742	1757	1812	1842	1912	1942	2012	2047	2147	2247	2347				0843	43		2343		
Hornchurch Town Centre	1727	1747	1802	1817	1847	1917	1947	2017	2052	2152	2252	2352				0848	Then	48	2348		
Upminster Station	1732	1752	1807	1822	1852	1922	1952	2022	2057	2157	2257	2357				0853	every	53	2353		
Upminster St Laurences Church	1733	1753	1808	1823	1853	1923	1953	2023	2058	2158	2258	2358				0854	hour,	54	2354		
Corbets Tey Harwood Hall Lane	↓	1757	↓	1827	↓	↓	↓	↓	↓	↓	↓	↓				↓	at these	↓	until	↓	
Aveley Usk Road	↓	1803	↓	1833	↓	↓	↓	↓	↓	↓	↓	↓				↓	minutes	↓	↓	↓	
Corbets Tey Huntsman & Hounds	1738	↓	1813	↓	1858	1928	1958	2028	2103	2203	2303	0003				0859	past the	59	2359		
North Ockendon Old White Horse	1744	↓	1819	↓	1904	1934	2004	2034	2109	2209	2309	0009				0905	hour	05	0005		
Lakeside Shopping Centre	1757	1824	1832	1854	1917	1947	2017	2047	2122	2222	2322	0022				0918		18	0018		
West Thurrock Ship	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓				0921		21	0021		
Grays Bus Station	1807	1832	1842	1902	1927	1957	2027	2057	2132	2232	2332	0032				0926		26	0026		

B - Starts from Ockendon Station

c - Continues to Grays Convent School, arriving at 0837

E - Time at St Edwards Way

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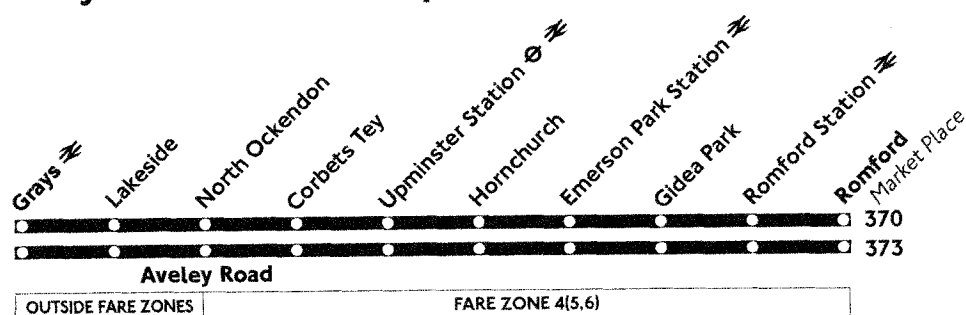
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Daily

373

Mondays to  
Saturdays

## Grays - Lakeside - Upminster - Hornchurch - Romford



## Mondays to Fridays

Route:	370	370	373	370	370	373	370	373	373	370	370	373	370	373	370	373	370	373
Grays Bus Station	0549	0614	0631	0636	0638	0652	0708	0717	0729	0735	0750	0759	0820	0832	0853	0902	0923	0932
Lakeside Shopping Centre	0559	0624	V	A	0649	V	0720	0726	0738	0747	0802	0808	0832	0841	0905	0911	0935	0941
North Ockendon Old White Horse	0612	0638	↓	---	0703	↓	0734	↓	↓	0801	0816	↓	0846	↓	0919	↓	0949	↓
Corbets Tey Huntsman & Hounds	0618	0644	↓	---	0710	↓	0741	↓	↓	0808	0823	↓	0853	↓	0926	↓	0956	↓
Aveley Usk Road	↓	↓	0656	---	↓	0721	↓	0751	0803	↓	↓	0833	↓	0906	↓	0936	↓	1006
Corbets Tey Harwood Hall Lane	↓	↓	0702	---	↓	0727	↓	0757	---	↓	0839	↓	0912	↓	0942	↓	1012	↓
Upminster Station	0623	0649	0707	---	0716	0732	0747	0802	---	0814	0829	0844	0859	0917	0932	0947	1002	1017
Upminster St Laurences Church	0625	0951	---	---	0718	0734	0749	0804	---	0816	0831	0846	0901	0919	0934	0949	1004	1019
Hornchurch Town Centre	0629	0955	---	---	0723	0739	0754	0809	---	0821	0836	0851	0906	0924	0939	0954	1009	1024
Gidea Park Drill	0634	0701	---	---	0729	0745	0800	0815	---	0827	0842	0857	0912	0930	0945	1000	1015	1030
Romford Station	0637	0705	---	---	0734	0750	0805	0820	---	0832	0847	0902	0917	0934	0949	1004	1019	1034
Romford Mercury Gardens	0639	0708	---	---	0738	0754	0810	0825	---	0837	0852	0907	0922	0937	0952	1007	1022	1037

Route:	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373
Grays Bus Station	0953	1002	23	32	53	02	1423	1432	1453	1502	1523	1537c	1553	1602	1623	1632	1653	1705
Lakeside Shopping Centre	1005	1011	35	41	05	11	1435	1441	1505	1511	1535	V	1605	1611	1635	1641	1705	1719
North Ockendon Old White Horse	1019	↓	Then every 49	↓	19	↓	1449	↓	1519	↓	1549	↓	1619	↓	1649	↓	1719	↓
Corbets Tey Huntsman & Hounds	1026	↓	56	↓	26	↓	1456	↓	1526	↓	1556	↓	1626	↓	1656	↓	1726	↓
Aveley Usk Road	↓	1036	↓	06	↓	36	↓	1506	↓	1536	↓	1606	↓	1636	↓	1706	↓	↓
Corbets Tey Harwood Hall Lane	↓	1042	↓	12	↓	42	until	1512	↓	1542	↓	1612	↓	1642	↓	1712	↓	↓
Upminster Station	1032	1047	02	17	32	47	1502	1517	1532	1547	1602	1617	1632	1647	1702	1717	1732	↓
Upminster St Laurences Church	1034	1049	04	19	34	49	1504	1519	1534	1549	1604	1619	1634	1649	1704	1719	1734	↓
Hornchurch Town Centre	1039	1054	09	24	39	54	1509	1524	1539	1554	1609	1624	1639	1654	1709	1724	1739	↓
Gidea Park Drill	1045	1100	15	30	45	00	1515	1530	1545	1600	1615	1630	1645	1700	1715	1730	1745	↓
Romford Station	1049	1104	19	34	49	04	1519	1534	1549	1605	1620	1635	1650	1705	1720	1735	1750	↓
Romford Mercury Gardens	1052	1107	22	37	52	07	1522	1537	1552	1609	1625	1640	1655	1710	1725	1740	1755	↓

## Mondays to Fridays continued

Route:	373	370	373	370	373	370	370	370	373	370	370	370	370	370	370	370	370	370
Grays Bus Station	1702	1726	1732	1750	1802	1818	1857	1940	2002	2040	2140	2240	0551	0621	0651	0701	0721	0728
Lakeside Shopping Centre	1711	1738	1741	1802	1811	1830	1907	1950	2011	2050	2150	2250	0601	0631	0701	0709	0731	0736
North Ockendon Old White Horse	↓	1752	↓	1815	↓	1843	1919	2002	↓	2102	2202	2302	0614	0644	0714	↓	0744	↓
Corbets Tey Huntsman & Hounds	↓	1759	↓	1822	↓	1849	1925	2008	↓	2108	2208	2308	0620	0650	0720	↓	0750	↓
Aveley Usk Road	1736	↓	1806	↓	1836	↓	↓	↓	2036	↓	↓	↓	↓	↓	↓	0730	↓	0757
Corbets Tey Harwood Hall Lane	1742	↓	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	0802
Upminster Station	1747	1805	---	1828	---	1854	1930	2013	---	2113	2213	2313	0625	0655	0725	---	0755	0806
Upminster St Laurences Church	1749	1807	---	1830	---	1856	1932	2015	---	2115	2215	2315	0627	0657	0727	---	0757	0808
Hornchurch Town Centre	1754	1812	---	1834	---	1900	1936	2019	---	2119	2219	2319	0631	0701	0731	---	0801	0812
Gidea Park Drill	1800	1818	---	1839	---	1905	1941	2024	---	2124	2224	2324	0636	0706	0736	---	0806	0817
Romford Station	1805	1822	---	1843	---	1909	1945	2028	---	2128	2228	2328	0639	0709	0739	---	0810	0821
Romford Mercury Gardens	1810	1825	---	1846	---	1912	1948	2031	---	2131	2231	2331	0641	0711	0741	---	0813	0824

## Saturdays continued

Route:	370	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370	373	370
Grays Bus Station	0746	0801	0811	0826	0834	0853	0902	0923	0932	0953	1005	1019	1026	1032	1037	1052	1107	1122
Lakeside Shopping Centre	0757	0812	0819	0837	0842	0905	0911	0935	0941	1005	1019	1026	1032	1037	1052	1107	1122	1137
North Ockendon Old White Horse	0810	0825	↓	0850	↓	0919	↓	0949	↓	1019	↓	1049	↓	1119	↓	1149	↓	1219
Corbets Tey Huntsman & Hounds	0816	0831	↓	0856	↓	0926	↓	0956	↓	1026	↓	1056	↓	1126	↓	1156	↓	1226
Aveley Usk Road	↓	↓	0840	↓	0906	↓	0936	↓	1006	↓	1036	↓	1106	↓	1136	↓	1206	↓
Corbets Tey Harwood Hall Lane	↓	↓	0845	↓	0912	↓	0942	↓	1012	↓	1042	↓	1112	↓	1142	↓	1212	↓
Upminster Station	0821	0836	0849	0902	0917	0932	0947	1002	1017	1032	1047	1102	1117	1132	1147	1202	1217	1232
Upminster St Laurences Church	0823	0838	0851	0904	0919	0934	0949	1004	1019	1034	1049	1104	1119	1134	1149	1204	1219	1234
Hornchurch Town Centre	0827	0842	0855	0909	0924	0939	0954	1009	1024	1039	1054	1109	1124	1139	1154	1209	1224	1239
Gidea Park Drill	0832	0847	0900	0915	0930	0945	1000	1015	1030	1045	1100	1115	1130	1145	1200	1215	1230	1245
Romford Station	0836	0851	0904	0919	0934	0950	1004	1019	1034	1049	1104	1119	1134	1149	1204	1219	1234	1249
Romford Mercury Gardens	0839	0854	0907	0922	0937	0955	1007	1022	1037	1052	1107	1122	1137	1152	1207	1222	1237	1252

## Saturdays continued

Route:	373	370	373	370	370	370	370	370	370	370	370	370	370	370	370	370	370	370
Grays Bus Station	1702	1724	1732	1754	1829	1901	1940	2040	2140	2240	2340	2440	0740	0800	0820	0840	0860	0880
West Thurrock Ship	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
Lakeside Shopping Centre	1710	1736	1740	1806	1840	1911	1950	2050	2150	2250	2350	2450	0748	0808	0828	0848	0868	0888
North Ockendon Old White Horse	↓	1749	↓	1819	1852	1923	2002	2102	2202	2302	2402	2502	0756	0816	0836	0856	0876	0896
Corbets Tey Huntsman & Hounds	↓	1755	↓	1825	1858	1929	2008	2108	2208	2308	2408	2508	0804	0824	0844	0864	0884	0904
Aveley Usk Road	1731	---	1801	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
Upminster Station	---	1800	---	1830	1903	1934	2013	2113	2213	2313	2413	2513	0812	0832	0852	0912	0932	0952
Upminster St Laurences Church	---	1802	---	1832	1905	1936	2015	2115	2215	2315	2415	2515	0814	0834	0854	0914	0934	0954
Hornchurch Town Centre	---	1806	---	1836	1909	1940	2019	2119	2219	2319	2419	2519	0818	0838	0858	0918	0938	0958
Gidea Park Drill	---	1812	---	1841	1914	1945	2024	2124	2224	2324	2424	2524	0822	0842	0862	0882	0902	0922
Romford Station	---	1816	---	1845	1918	1949	2028	2128	2228	2328	2428	2528	0826	0846	0866	0886	0906	0926
Romford Mercury Gardens	---	1819	---	1848	1921	1952	2031	2131	2231	2331	2431	2531	0830	0850	0910	0930	0950	1010

A - Continues to Ockendon Station via North Stifford  
 c - Starts from Grays Convent School at 1533.  
 E - Time at St Edmunds Way  
 V - Runs via North Stifford

## Sundays and Public Holidays

370		370		370
0740		40		2240
0745		45		2245
0748	Then	48		2248
0800	every	00		2300
0806	hour,	06		2306
↓	at these	↓	until	↓
0811	minutes	11		2311
0813	past the	13		2313
0817	hour	17		2317
0822		22		2322
0826		26		2326
0830E		30E		2330E